



# PLANNER DE OBJETIVOS

Semana \_\_\_\_

Data: \_\_\_ / \_\_\_ / \_\_\_\_\_

Hora: \_\_\_ : \_\_\_

O QUE TE MOTIVA NESTA SEMANA?

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## A ALCANÇAR

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TAREFAS - TEMPO

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## ALCANÇADOS

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## PENDENTES

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## PRÓXIMA SEMANA

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## LEMBRETES

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## O QUE POSSO MELHORAR?

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## SCORE

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0 = Parabéns. Objetivos alcançados com sucesso  
Diferente de 0 = Melhor na próxima semana.

"Se quer viver uma vida feliz, amarre-se a uma meta, não às pessoas nem às coisas."

Albert Einstein



**Bruno Braga**

@brunobragapro